

Dr Piotr Strojek



5 Jacksons Lane
N6 5SR London

Tel 02083406456
Mob 07971918353
Email dental@strojek.net

I graduated from Karol Marcinkowski University in Poznan in 1999. After finishing vocational training in the armed forces I joined Dadent Private Practice in Sroda and later Detnes Private Practice in Gliwice, Poland. In November 2004 I moved to UK and joined Waltham Cross Dental Centre, Herts. Since 2006 I have been with Pickerings Dental Surgeries located in Islington. In 2008 I joined Olsen's Private Practice in Queens Park.

I am committed to an extensive ongoing postgraduate education with world leaders in several fields of dentistry and dental technology. I have attended lectures and hands on seminars covering my favourite subjects of bonded porcelain restorations with Dr Nasser Barghi and Dr Galip Gurel. I have been mastering my skills in all aspects relating to resin based restorative dentistry on 6 months course held in England with Dr David Klaff and in Italy with Dr Valter Devoto. In my everyday work I am loyal to the Enamel plus HFO composite system that offers aesthetic results that can only be compared to modern ceramic metal-free restorations.

I am fanatical about the latest digital visualisation technologies. In my opinion one picture is worth thousand words. I use Digital SLR camera and Adobe Photoshop software to present my patients with professional images that simulate proposed treatment results, helping to improve patient understanding and set realistic patient expectations - often increasing case acceptance and satisfaction with the final aesthetic treatment result.

Please find few examples of my work attached below.

Whitening. Before, simulation, after.



Fractured incisor. Layered resin restoration. No local anaesthetic. Enamel Plus HFO composite.



Picture taken to disclose translucent areas and mamelons structure. Exposure lowered digitally.

Trauma. 13 years old patient. Both central incisors fractured. Direct restoration with no local anaesthetic. Minimal preparation. Teeth rebuild on the model. Silicone index used and several layers of different chromas of composite. HFO Enamel Plus + Optibond FL.



Tooth 22 fractured within dentine. Large palatal part of the enamel missing. Silicone index was made according to wax-up. Tooth restored directly with HFO Enamel Plus composite. No local anaesthetic. Minimal preparation/polishing.



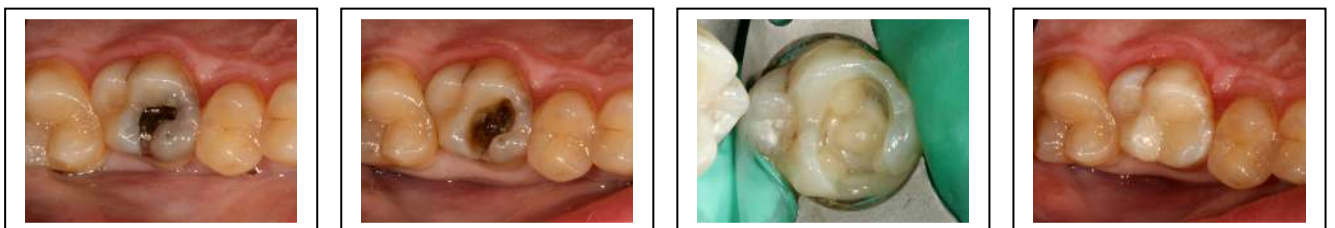
Very common problem – cracks caused by amalgam filling. Glassionomer liner (Fuji IX Fast) + Optibond FL + Nexus 3 + Belleglass onlay.



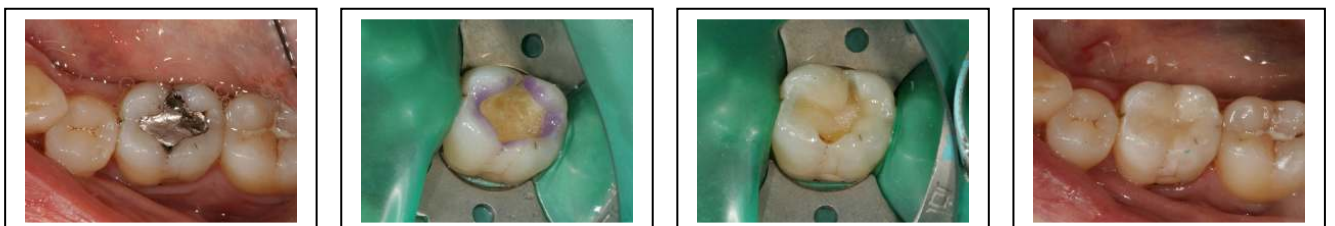
Another amalgam caused crack. Fuji IX + Optibond FL + Nexus 3 + BelleGlass onlay



Deep secondary decay. Direct composite restoration. Fuji IX + Optibond FL + HFO Enamel Plus. Use of rubber dam during placement of any bonded restorations (composite or porcelain) is essential.



Failing amalgam. Direct composite restoration. Total etch (enamel 30 seconds, dentine 15) + Optibond FL + HFO Enamel Plus. Material is placed in very small increments. Every layer is light cured for 20 seconds.



Direct class II restoration. Edges of the cavity are rounded and polished. Brown tint used for the fissure.



Chairside, self-made onlay. Same day treatment. HFO Enamel Plus, Nexus 3 and Optibond FL.



Another chairside, self-made, class II indirect composite restoration.



Direct composite restoration. HFO Enamel Plus. Several layers of different dentine chromas used.

